



Weekly Newsletter of the Daleview Swim Team

The Feet at the Movies

THIS AFTERNOON, the Feet will go to the Majestic Theater in Silver Spring. Some team members will see Superman Returns at noon, and others will see Cars at 12:30. Both movies should end around 2:30 p.m.

Swimmer Sign Out

Please be sure to let the coaches know if your child cannot swim in any particular meet, and check the posted meet lineups on Fridays. Remember, the meet lineups change every week. We do not want to have a child miss out on a chance to swim because he/she did not know the lineup.

Home A Meet Against Darnestown

Our meet tomorrow is at home, against Darnestown. The coaches asked the swimmers to be at the pool by 7:50 am, so we can be in the water and finished with warm-ups by 8:20. Officials, timers and meet

volunteers should be at the pool by 8:30 so we can have the starter and watch checks, meet the officials from the other team and generally be ready to begin right on time.


Practice Schedule, July 4

We will have swim team practice on Tuesday, July 4. There will be just a single practice for all age groups, from 8:45 to 9:45 a.m. We recognize that some families may have holiday plans, but want swimmers to have the opportunity to practice if possible.

If you are interested in going to Six Flags, contact Tamara Buckley at tom.buckley2@verizon.net. Tickets must be ordered by Friday, July 7.

Coaches Corner

What a week! From long B meets (thanks for everyone's patience) to this Saturday's swim meet! This past Saturday was a difficult meet; there were many close races where the Bannockburn swimmers barely touched out the Feet. But our swimmers did what we asked of them, and stepped up in the second half and managed to close the gap in the score. We couldn't have been prouder of everyone's efforts from the people cheering on the side of the pool to those swimming! We'd also like to thank all the parents for their help with the past three swim meets- we couldn't do it without you! From here on out the meets are only going to get tougher, making attendance at practice all the more important. We know the desire to be a fast team is there, let's just put in the effort!

On a side note from Robin- I'd like to thank everyone for their support in my triathlon training and fundraising and the hugs and cheers on Saturday were just what I needed! On Sunday, I competed in the Philadelphia Triathlon- which actually became a duathlon due to weather- and finished in 3 hours and 10 minutes- and I am already looking forward to another! I hope to see some fellow Daleview Feet out there one day! 

Home B Meet, Wednesday, July 5

Our remaining two B meets are at home. On Wednesday, July 5, we swim West Hillandale. We will start that meet at 6:30 p.m. As the home team, we have the first warm-up. Our warm-ups will begin at 5:30. Swimmers should be at the pool ready for warm ups at 5:30 p.m. Home meets do require more hands to help. We will particularly need help with our concession stands. Look for the sign up sheets to work at the concession stands. Just a reminder: we need all families to work at the concession stands, even those who choose not to donate food items.

University Cup, July 8

Franklin Knolls has invited the Feet and the Long Branch swim team to Franklin Knolls from noon to 4 on July 8. Franklin Knolls will offer lunch items for a nominal price. They hope to organize some friendly competitions in events such as table tennis, and cannonball contests. This is simply a chance to spend some time with our friends and neighbors after a swim meet. Plan on joining the fun at Franklin Knolls.

On the web at
www.daleview.org/swimteam/

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Swimmer of the Week: Annie Buckley



This past weekend Annie swam a full meet- and we couldn't have asked for harder swims! Annie has been working hard in practice and while she may not enjoy it, she is not one to back down from a challenge. When the team had a difficult practice one morning, Annie stuck it out and finished the entire set and did not complain once! Annie is a pleasure to be around- she is a great role model for our little feet and can always put the coaches in good spirits. Annie, thanks for all your hard work: keep it up-great things are coming your way!

Swimmer of the Week: Wesley Hopkins

As a veteran member of the swim team, Wesley has really caught on to the ways of Daleview and has grown as a competitive swimmer. Wes has put forth consistent effort in both practice and meets, and his efforts are paying off. He brings an excellent spirit to the swim meets and adds a lot to the Daleview themes and cheers. We are always proud of Wes's swims on Saturdays, and we can always depend on him to try his best, which often results in dropped time. Thanks for working so hard in practice Wes; your hard work does not go unnoticed- keep it up!



July 16--Kemp Mill Mini Meet

Sunday July 16 offers two opportunities for swimmers who can't get enough time in the water. The Kemp Mill Mini Meet is open to all swimmers ages 9 years and younger. Events will be offered for boys and girls in freestyle, backstroke, breaststroke, butterfly, and kickboard. Swimmers will not be disqualified for stroke and turn; however, there will be official timers and prizes. See the flyer at <http://www.mcsl.org/teamdiv/KempMillMini-MeetRegistrationForm06.pdf> for more information.

North Creek Invitational Long Course Meet

Daleview swimmers (who are not swimming in the Coaches Longcourse Meet) have the opportunity to swim at the North Creek Invitational Long Course Meet on July 16th (Sunday morning- warm-ups at 7:30, meet starts at 8:15 am). Events are the same as those in long course (events are the same, but distances are double those in A and B meets). Swimmers can sign up to swim any event(s) in their age group. The meet entries will cost \$2.50/event/swimmer, including for relays. Swimmers who would like to swim, but have financial hardship can ask for a waiver. Registration and payment must be completed by 7/12. Please contact Ellen Minerva at ellenminerva@comcast.net, or leave an envelope marked Swim Team North Creek -with swimmers names, events to enter and payment in the drop box at the office. Additional information and ride share sign up and directions will be posted.

Please Send Swim Team news and updates for *footnotes* to Jonathan Bullard-Sisken by **Wednesday** at poople3@hotmail.com or see him at morning practice with text!